



# Official Rulebook

A.S.D. Lucca Marathon, organizes the **3° edition of Lucca Marathon**, international marathon run on the standard distance of 42,195 km. The race is in the IAAF (International Association Athletics Federation) calendar will take place on **Sunday, October 23, 2011** and it will be valid for National Championship "Veterani dello sport".

## Participation requirements

In accordance with the rules of the organization of the sports events issued by FIDAL, the entry to the race is open to all participants matching one of the following categories:

- A) **Italian and foreign athletes with FIDAL Membership card** (categories: Promise 20/22; Senior 23+ males and females, Master 35+ males and females. **Are not enable to entry to the race all athletes matching the category Juniors 18/19**) and **foreign athletes with IAAF Membership card**. These athletes have to provide A.S.D. Lucca Marathon with a copy of their FIDAL or IAAF membership card and for non-EU athletes the residence permit. In case these documents are not provided during the registration process they can be handed at the bib number collection, otherwise athlete won't be allowed to participate.
- B) **Athletes with membership card of Sport Promotion Authority** affiliated with FIDAL, for the only categories Amateur (23-34 years old) and Master (35 years old and more), males and females. During the registration process these athletes have to provide A.S.D. Lucca Marathon with a copy of their membership card or supply these documents before the race. In case these documents are not provided during the registration process they can be handed at the bib number collection, otherwise athlete won't be allowed to participate.
- C) **Athletes with no membership card, Italians and foreign**, for the only categories Amateur and Master, who are in order with the rules regulating the residence permit in Italy and with the "cartellino di autorizzazione alla partecipazione alle gare su strada" (daily card) issued by A.S.D. Lucca Marathon and given to the athlete at the bib number collection (*The cost of the "cartellino" includes € 2,00 for the FIDAL Regional Committee and the amount of € 3,00 for the FIDAL obliged insurance*).
  - C1) **Italians athletes** with no membership card have to provide A.S.D. Lucca Marathon with a copy of their medical license (testifying that the athlete's physical conditions are such as to allow performance at competitive levels) still valid on October 23, 2011, issued by the Organizing Committee, filled out and signed by their own doctor.
  - C2) **Foreign athletes** with no membership card have to provide A.S.D. Lucca Marathon with a copy of the health form, issued by the Organizing Committee, filled out and signed by their own doctor.

## Entry fees and procedures

The Lucca Marathon subscriptions will be closed at 24:00 of 10/10/2011, or in case of 2000 registrations reached.

### Entry fees are as follows:

- €25,00 from 01/03/2011 to 30/06/2011;
- €35,00 from 01/07/2011 to 31/08/2011;
- €45,00 from 01/09/2011 to 10/10/2011.

### Special fees:

From 01/03/2011 al 31/08/2011, for athletes:

- belonging to “Club I Nobili della Maratona” \*
- belonging to “Club Supermaratoneti” \*
- arrived at finish line on both previous editions of Lucca Marathon
- registered to Pisa Marathon 2010

The fee is €20.00.

\* During the registration process will be necessary supply the relative documentation for Clubs Membership above described.

The female athletes arrived at finish line at 2° edition of the Lucca Marathon, and registered at that race before 30/06/2010, can register to the Lucca Marathon 3° edition free!

Registration can be processed:

- 1) By filling out and signing the relative module obtained from the leaflet or downloadable from internet site [www.luccamarathon.it](http://www.luccamarathon.it), and sending it, together the payment receipt, via fax to the number (+39) 055.5356861, or via email at [registration@luccamarathon.it](mailto:registration@luccamarathon.it).
  - a. Payment by post form must be done on c.c.p. 89214415 made to Lucca Marathon ASD.
  - b. The bank transfer must be payable to ASD Lucca Marathon, on Banco Desio Toscana S.p.A. ag. Lucca,  
IBAN: IT87C031941370000000241300.

*It is compulsory to specify the entrants' names in the post form or bank transfer instructions receipt. We will not accept registration forms without entry fee and requested documentation, (like specified in the previous section “Entry fees and procedures”). Also, we will not accept registration forms with address or wrong or incomplete personal data.*

- 2) Via Internet, on [www.luccamarathon.it](http://www.luccamarathon.it) or [www.sdamm.it](http://www.sdamm.it), through online payment by credit card, and sending the requested documentation via fax to the number (+39) 055.5356861, or via email at [registration@luccamarathon.it](mailto:registration@luccamarathon.it).
- 3) Directly at one of the following registration point:

	<b>Marathon Sport</b> Via Sant'Anna, 18 55100, Lucca (LU) Tel. 0583.080163
	<b>Maratonando</b> Via Aurelia Sud, 160 55049 Viareggio (LU) Tel./Fax 0584.928988
	<b>Il Campione</b> Via Mino da Fiesole, 20 59100 Prato (PO) Tel. 0574.583340

	<b>Isolotto dello sport</b> Via dell'Argin Grosso, 69 50142 Firenze (FI) Tel. 055.7331055
	<b>Alf Run / Alf Nike</b> V.le Regina Margherita, 49 55049 Viareggio (LU) Tel. 0584.427032

## Services included in the entry fee

Entry fee includes:

- Race number (bib)
- Insurance and medical assistance
- Goody bag
- Refreshments and sponging along the course
- Official programme and information materials
- Pace Maker service, from 3.00 hours to 5.00 hours, every 15 minutes
- Timing chip service, by Championship technology
- Finisher's commemorative medal
- Clothes bags store service
- Changing rooms
- Retired athletes transport to arrival site
- Finisher's participation Diploma downloadable in PDF format from the website [www.sdam.it](http://www.sdam.it), by selecting the event (Lucca Marathon 2011) and typing own bib number or name and surname
- Massages service for all athletes

## Refund of the entry fee

**Under no circumstances are the entry fees refundable.** However, the registered athletes who cannot take part to the marathon have two options:

- 1) Transfer of registration to another person. It is possible to transfer the registration to another person by formal request to be made by 01/09/2011 and by payment of an extra € 5,00 fee for office expenses. The substituting participant must provide all information necessary for the application.
- 2) Transfer of registration to Lucca Marathon 2012. By notifying his/her withdrawal from the race by 01/09/2011 and paying an extra € 10,00 fee, the athlete can transfer his/her registration directly to Lucca Marathon 2012, **without possibility to demand a further transfer of registration to successive year or the transfer to another person.**

If due to force majeure, and not dependent on the willingness of ASD Lucca Marathon the race could not be performed, the fee will be valid for the next edition at no extra charge, and any other expenses will not be refunded.

## Registration deadline

Registration will close when 2,000 entries are reached or on 10/10/2011, whichever is earlier. ASD Lucca Marathon retains the rights to close registrations prior to said deadline as well as to accept entries past the deadline or in excess of the 2,000 entry cap.

## Confirmation of registration

It will be possible to check the entry status on-line on [www.luccamarathon.it](http://www.luccamarathon.it) o [www.sdam.it](http://www.sdam.it) some days after registration.

During registration, if an email address is declared, will be sent a confirmation form, valid to pick-up the bib. Without the confirmation form, it will be necessary a valid ID.

## Race numbers distribution

Race numbers will be distributed automatically. **Therefore, the organization cannot distribute specific numbers upon request nor can it change numbers that have already been distributed.**

## Race numbers pick-up

Athletes will be able to pick up their race numbers and goody bag at Lucca Marathon Expo Race numbers and goody bag:

- Saturday 22/10/2011 (from 9:00 to 20:00)
- Sunday 23/10/2011 (from 7.00 to 8.00)

Neither can the bibs be sent to the athletes in advance.

When collecting the bibs athletes must show the confirmation form, filled and signed or valid ID.

Race numbers and goody bags can be picked up by other people, with written authorization, the confirmation letter and a copy of the ID of the delegator.

It is absolutely forbidden to tamper the bib in any way. Athletes who cut, alter or hide the number won't be entitled to any prize.

## Bags storing

It will be available at Lucca Marathon Expo, a bags storing area. All bags will have to bear a special sticker (given out by the organization). **A.S.D. Lucca Marathon will take extreme care in the collection, handling and delivery of all bags, but declines any responsibility for lost items and will not offer any refund.**

## Start

The start of the race is set from "Walls of Lucca" close to Expo on Sunday October 23 2011, at 9.00. The live TV broadcast might call for slight variations of the start time.

In starting area will be available chimica toilets.

## Timing

Timing of the race is provided by TRIEVOLUTION with Championship technology, through an active transponder supplied with bib and goods.

**Athletes who remove or break the "chip" will not be timed and will not be included in the rankings.**



For each athlete the following times will be taken: official time (from gunshot to finish line), net time (from the transit at the start line to the finish line), intermediate times at km 10, half marathon (Km 21,097), and km 30.

## Time limits

The time limit to finish the course is 6h00'. **Beyond these time limits the organization cannot guarantee the total closing of the race course.** The time limit at half marathon is 3h00'; all athletes that will reach half marathon in more than 3 hours, will be invited to stop his race.

## Refreshments and sponging

As per the FIDAL rulebook, there will be refreshments stations with fresh water after the finish line and every 5 km along the course. Beginning on the 20 km, fruit, cookies and energy bars will also be available. Provided refreshments for athletes with celiac disease.

Every 5 km, starting from the 7,5 km will be available also sponging point, with fresh water tanks.

## Race course rules

A large part of the run will be closed to traffic. The zones that cannot be closed, will be effectively manned by the local police or by group volunteers in charge of public safety along the route. **The transit of transport that is not authorized by the Organisation is not permitted or allowed.**

## Withdrawal from the race

Those athletes who decide to quit the race at any point during the marathon can make use of the “sweep buses”, to reach the arrival area. The driver of “sweep bus” that will give assistance to retired athlete, will report to timing service staff the athlete bib number.

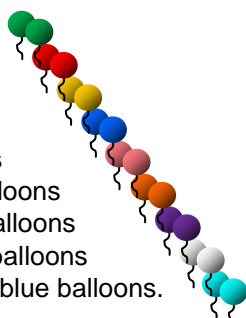
## Medical assistance

Medical assistance will be present for entire race course. In particular at the arrival area will be present the first aid service.

## Pacers

Various groups of pacers will be at the runners' disposal. These are athletes trained to run the marathon at a constant pace to complete the course within a specific time. Pacers, recognizable during the race by coloured balloons, will be offered to run the marathon in:

- 3h00' green balloons
- 3h15' red balloons
- 3h30' yellow balloons
- 3h45' blue balloons
- 4h00' pink balloons
- 4h15' orange balloons
- 4h30' purple balloons
- 4h45' white balloons
- 5h00' light blue balloons.



Every pacer will have on his vest, the time to finish the marathon, and coloured balloons as described above. Those athletes interested in using a pacer are kindly invited to visit the pacers desk at the Expo to get all necessary information.

## Finish

The finish line is located in Lucca in S.Michele Square.

Athletes that will finish the marathon will receive the Lucca Marathon official medal.

Beyond the finish line, athletes will find: refreshments, the bags pick-up area, medical assistance, bag pick-up area, the locker rooms, and massage area.

## Results

Results with partial and final times, will available on internet sites [www.luccamarathon.it](http://www.luccamarathon.it) or [www.sdram.it](http://www.sdram.it) as soon as possible.

## Awards

The first 3 men and the first 3 women of the Category will be awarded. The prizes are determined according to the FIDAL guide rules and regulations. The value amount of the prizes is intended as the gross amount according to the present Fiscal Norms. The prizes awarded to the Italian Athletes will be shipped to domicile within 120 days from the date of the event. A special classification is reserved to only the Italian Athletes with a jackpot that equals 25% of the total prize. Such prize can be accumulated to that won in the general ranking.

*Are to be considered "Italian athletes" who have Italian nationality.*

*In the event that awards are established for "Luccaer athletes", they will be understood as those who are resident in the province of Lucca.*

**As required by Regulation FIDAL (Art.12.6) athletes registered with labels daily, can not enjoy refunds, bonuses or prizes.**

## Image copyright

Upon registration to the 3° Lucca Marathon the athlete authorizes the Lucca Marathon organizing committee and its media partners to use all motion and still pictures taken during athlete's participation to the event in which athlete's likeness might appear. Said pictures might be used in association with all advertising and promotional material of the event, worldwide and for the length of time established by law, including all extension options provided by law.

## Waiver of liability

By signing the registration form, either in paper or digital type (e-mail or on-line entry form), the athlete agrees to abide by the 3° Lucca Marathon rulebook (as posted on the website [www.luccamarathon.it](http://www.luccamarathon.it)), declares to be at least 18 years old if Italian and 20 years old if foreign as of October 23, 2011 and fully accepts the following waiver of liability.

"I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained.

In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am travelling to or from the event, during the event, or while I am on the premises of the event.

I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road.

I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and all other persons associated with the event, for all my liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event.

I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise.

I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event."

## The "Lucchesina" (not competitive city fun run)

Just after the marathon start, will start the "Lucchesina", a not competitive race, starting from the city walls, enjoyable by everyone. The registration will be done:

- some days before the race, at one of the registration point
- one day before the race, at Lucca Marathon Expo
- the race day, at the apposite box office at starting area.

## Final warnings

The Organizers, strive for the event to be of success, and decline any responsibility for injuries or damages caused to persons or personal belongings, during or after the competition. The event is insured according to the recent guidelines. All current conditions and regulations are automatically accepted on enrolment. All things that are not included in the present rules and regulations should be deferred to the specific FIDAL regulations and the laws in force regarding the matter.

**The Competition Jury have the right to disqualify all Athletes that do not transit along the (tracking) recording points that are displaced along the route. The Organizers have the right to vary in any moment any clause in the current regulations for reasons due to uncontrollable events.**

## Contacts

### **Lucca Marathon**

Via Pisana, 345  
55100 LUCCA

Phone (+39) 327.5634813 → (general information)

Phone (+39) 327.5634782 → (entry information)

Fax (+39) 0583.1929102

Web [www.luccamarathon.it](http://www.luccamarathon.it)

Email [info@luccamarathon.it](mailto:info@luccamarathon.it)

## Official Photo Service

All photoshoots are of the exclusive right of the “Fotografica Studio 5” Agency.

All the photographs taken during the competition will be displayed on the web site of [www.fotostudio5.net](http://www.fotostudio5.net) and may be bought and paid by means of the electronic trolley.

### **Agency “Fotografica Studio 5”**

Cesenatico (FC)

Phone (+39) 0547.80652

Web [www.fotostudio5.com](http://www.fotostudio5.com)

Email [fotostudio5@libero.it](mailto:fotostudio5@libero.it)

## Official Tour Operator

For tourist services reservation, the Lucca Marathon official travel agency is:

### **Agency “Angolo Giro Viaggi”**

Phone (+39) 0583.492923

Fax (+39) 0583.462506

Web [www.angologiroviaggi.it](http://www.angologiroviaggi.it)

Email [info@angologiroviaggi.it](mailto:info@angologiroviaggi.it)